ROTARY CLUB OF ANNANAGAR MADRAS



TOWER 4 TALK





Month: September | Issue No: 3 | Vol No: 41 | Club ID: 15827 | Chartered on: 12.04.1982

R.I. President Francesco Arezzo

R.I. District Gov. AKS. Rtn. Vinod Saraogi

President Rtn. P Nandakumar

Secretary Rtn. PP. Ramasubramanian

Treasurer Rtn. PP. Radhika Ramkumar

> **Editor** Rtn. Shoba Panicker

Editorial Team:

Rtn Pres. Nandakumar Rtn PP Ramsubramanian Rtn PP Chitra Mukunnan Spouse Nisha Singaravel Spouse Madhu Mathur Annette Shikha Panicker Annette Pavitra Mukunnan

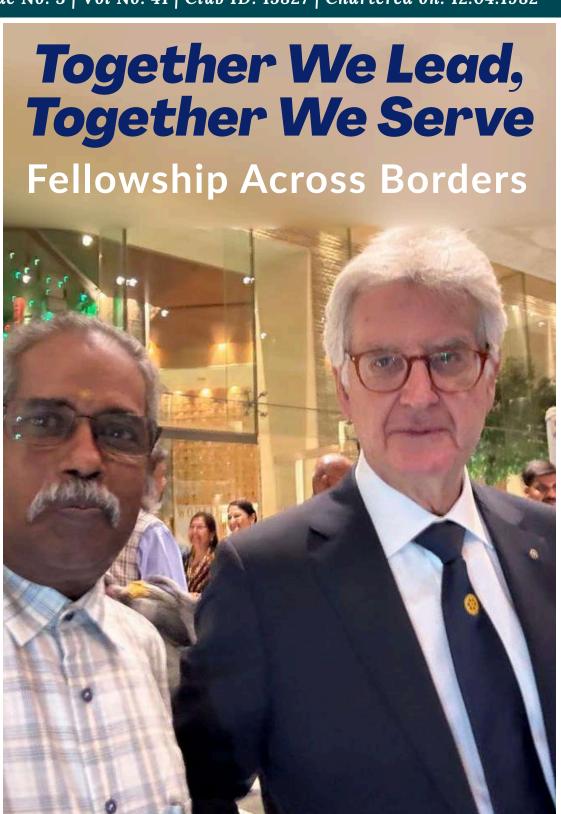
To contribute to our newsletter, please send your articles, photos and input to our editor via Whatsapp.

IN THIS ISSUE

Aiming High at Lead 25 Meetings with Meaning Rotarians in Action

Installation - Rotaract Club Anna Adarsh College

A Swiss Chapter





Rotary LEAD 25 India Leadership Conclave - August 23rd and 24th

Strengthening our vision and network at Rotary India Leadership Conclave



RI President and his wife at the LEAD



Eight of our members with RI President and District Official







Donation of 100 Pink Auto -Highlight of the event



End Polio Campaign by Rotractors



Meetings with Meaning

RCAM hosts thought-provoking speaker sessions

Speaker Meeting, 12th August 2025

The theme 'Unite for Good', will now be a message





Chief guest, PDG J Sridhar, delivered an inspiring talk on the goals and ideals of Rotary, reminding us that "Service above Self" remains our guiding principle.

International Visitor



Dr.Bhaskar, from Rotary Club of Devils Lake, USA handed over the flag to Rtn. Lekha Venugopal

3Ms - Money, Mudra, Members on 26th August 2025



Author Mr. Naba Kamal Bhuyan's talk about his book "Mystery of the Indian Rupee's Freefall" which provides an indepth analysis of the issue.





Dr. Vanita Bhuyan Nagpal conducted an engaging demo on wellness through the Pushpanjali Well Health Program, blending dance and yoga.

The evening also marked the induction of Dr. Thirumal Selvam and Dr. Thirumal Subburayan, warmly welcoming them into the Rotary family.



Rotarians in Action





RCAM supports the District Women's Health Team by contributing 20 maternity kits for distribution during World breastfeeding week





Organ Donation Awareness on 28th August





Project Annadhanam at Udgita Oldage Home on 30th August



Rotarians in Action: Empowering the Future

RCAM supports the installation of new Rotaract leaders at Anna Adarsh College for Women







"Our Rotaractors at Anna Adarsh College for Women organized the event very well

— it was a wonderful experience. I would like to thank our Past Presidents
Rtn.Ramasubramanian and Rtn. Radhika Ramkumar, Immediate Past President
Rtn. Aravindan, Environment Chair Ann Rupamalini, Youth Service Director Rtn.
Balasundaram, Rtn. Dr. Murugavel, and Rtn. Vikramkrishna for joining this

remarkable ceremony."

- P. Nandakumar (RCAM President)



A Swiss Chapter

Special feature by Rtn. Pres. Nandakumar and Nisha Singaravel

In August, a delegation of 53 Rotarians undertook a memorable fellowship and cultural tour across Switzerland and Germany. The journey blended breathtaking scenery, adventure, and international Rotary camaraderie. Enjoy this diary of their experience...

Day 1 - Arrival in Geneva

The Rotarians arrived in Geneva around 3:00 PM, marking the beginning of their international tour. They settled in and prepared for the exciting days ahead.

Day 2 - Geneva to Montreux

The day commenced with sightseeing in Geneva, covering iconic landmarks including the Broken Chair, the impressive Jet d'Eau fountain, and the United Nations Office (UNOG). The group then made a nostalgic stop at the DDLJ filming spot, Saanen's Bridge, before soaking in the alpine beauty of Gstaad. The day wrapped up at the lovely Fork of Vevey and the lakeside town of Montreux.



A significant highlight of the day was a Rotary meeting at Höhematte Park, where members participated in a flag exchange ceremony, strengthening international fellowship and friendship among clubs.



Day 3 - From the Alps to the Capital

The morning featured a visit to Harder Kulm, offering panoramic views of the Swiss Alps. The group then explored the Interlaken city center, experiencing its vibrant charm and scenic beauty, before proceeding to Bern, the Swiss capital.

Day 4 - Paragliding and Jungfraujoch Adventure

The morning began on a high — literally! Many Rotarians experienced the excitement of paragliding and enjoyed the most breathtaking views. This was one of the trip's biggest highlights.

The group as a whole traveled to the Jungfraujoch – Top of Europe (3,454 meters), explored the Ice Palace, and enjoyed the modern Eiger Express ride — surrounded by the stunning Swiss Alps.





Day 5 - Mount Titlis & Lucerne

The group ascended to Mount Titlis, where they experienced the exhilarating Ice Flyer chairlift ride, offering spectacular views of snow-covered landscapes. The journey continued to Lucerne, where members visited the historic Kapellbrücke (Chapel Bridge), Europe's oldest covered wooden bridge.

Day 6 - Rhine Falls, Black Forest & Zurich

The tour continued with a visit to the majestic Rhine Falls, followed by an excursion to Drubba at Lake Titisee in Germany's famous Black Forest region. The day concluded in Zurich, Switzerland's vibrant financial and cultural hub.

Day 7 - Heading Home

All too soon, it was time to say goodbye. The delegation bid farewell to Switzerland, traveling from Zurich to Geneva before boarding their return flight home, carrying with them cherished memories of fellowship, adventure, and cultural exchange.











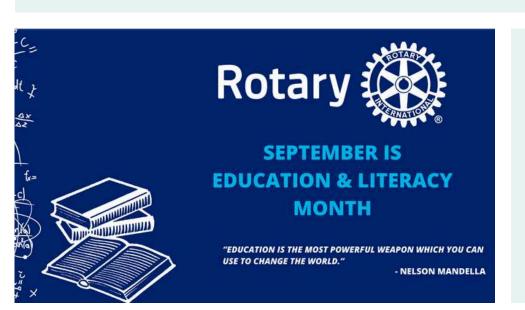


Peace is not simply the absence of war. True peace exists when all people on our planet can live with a genuine sense of happiness and joy, free from fear and anxiety caused by the threat of nuclear weapons, hunger, poverty and discrimination.

- Spouse Madhu Mathur's well chosen quote by Daisoku Ikeda

• Joint Installation of Interact Schools at Govt Girls Hr. Sec. School, Ayappakkam on 30th August







- 7th Sept Teachers Award
- 17th Sept Onam Celebration at Presidency Club

Happy **BIRTHDAY**

• 6th Sep: Rtn. Renu Kishore Sawlani

• 14th Sep: Rtn. PHF PP Venkatesan V.S

• 23rd Sep: Ann. Kotti

W/o Rtn. PHF PP Chetty

• 25th Sep: Rtn. PHF Dr. Chitra Joseph

• 25th Sep: Ann. Meena

W/o Rtn. PHF PP Gireeshan

46 30 3) Di

Service Project BEST PRACTICE

Avoid going into a community or school with an idea of what's needed. It's easy to look around and decide what you think a community needs, especially if you live in it or near it. Instead, listen to a variety of community stakeholders and hear their needs and concerns directly.

-Basic Education and Literacy Project Strategies (RI document 618en)